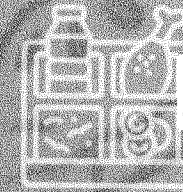




March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate



LUNCH

MONDAY

Salisbury Steak
Green Beans
Mashed Potatoes
Roll
Fruit

02

TUESDAY

Chicken & Rice
Queso with Tostitos
Salsa
Refried Beans
Fruit

03

WEDNESDAY

Hot Dog on Bun
Chili/Cheese
Baked Beans
Carrot Sticks
Fruit

04

THURSDAY

Chicken Nuggets
Broccoli
Mac & Cheese
Tater Wedges
Fruit

05

FRIDAY

Cheese Pizza
Salad
Corn
Carrot Sticks
Fruit

06

Corn Dogs
Tater Tots
Carrot Sticks
Fruit

09

Chicken & Gravy
Green Beans
Mashed Potatoes
Roll
Fruit

10

Hamburger on Bun
Cheese
Baked Beans
Carrots
Fruit

11

Popcorn Chicken
Peas & Carrots
Broccoli
Fruit

12

Cheese Pizza
Salad
Corn
Carrot Sticks
Fruit

13

St. Patrick's Day

-----NO SCHOOL-SPRING BREAK-----

16

17

18

19

20

Chicken Alfredo
Broccoli
Salad
Breadstick
Fruit

23

Taco Meat
Cheese/Salsa
Refried Beans
Corn
Fruit

24

Chicken Patty on Bun
Carrots
Tater Wedges
Fruit

25

Ham & Cheese Sandwich
Green Beans
Carrot Sticks
Fruit

26

Cheese Pizza
Salad
Corn
Carrot Sticks
Fruit

27

Spaghetti w/ Meat Sauce
Salad
Breadstick
Fruit

30

Chicken Tenders
Corn
Carrot Sticks
Fruit

31



All lunches served with Milk



School Information:

The USDA is an equal opportunity provider and employer.
Menu Subject to Change

WBELC-Alice's Cafe **MARCH 2026**