

MAY 2025

WBELC- Alice's Cafe

PREPARED



School Information: All menus are subject to change. The USDA is an equal opportunity provider and employer.



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



Juice and Milk served daily, Cereal choice daily

Muffins
Yogurt
Fruit

1 Biscuits & Gravy
Sausage Links
Fruit

2

French Toast Sticks
Sausage
Fruit

3 Grab n Go Cereal
Fruit

4 Egg & Cheese Omelet
Sausage
Biscuit
Fruit

5 Breakfast Pizza
Fruit

6 Biscuits & Gravy
Sausage Links
Fruit

9

Cinco de Mayo

Mini Pancakes
Yogurt
Fruit

7 Grab n Go Cereal
Fruit

8 Biscuits & Gravy
Sausage Links
Fruit

9 Banana Bread
Yogurt
Fruit

10 Sausage
Biscuit
Cheese
Fruit

16

Managers Choice

19 Managers Choice

20 Managers Choice

21 Managers Choice

25 Managers Choice

33

Memorial Day

24

27

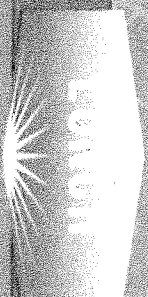
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May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salsbury Steak with Gravy

5

Mashed Potatoes
Corn
Fruit

Cinco de Mayo

Taco Meat
Cheese & Salsa
Tostitos

6

Carrot Sticks
Fruit

Hamburger on Bun
Cheese
Green Beans

7

Carrot Sticks
Fruit

Corn Dogs
Baked Beans
Broccoli

8

Chips
Fruit

Cheese Pizza
Salad
Corn
Fruit

9

Chicken Alfredo
Breadsticks

12

Salad
Broccoli
Fruit

Chicken Nuggets
Broccoli
Corn
Fruit

13

Grilled Chicken on Bun
Green Beans
Broccoli
Fruit

16

Hot Dog on Bun
Baked Beans
Carrot Sticks

15

Carrot Sticks
Fruit

Cheese Bosco Stick
Corn
Salad
Fruit

15

Managers Choice

19

Managers Choice

20

Managers Choice

21

Managers Choice

22

Managers Choice

22

Memorial Day

26

27

27

27

28

28

29

29

LAST DAY OF SCHOOL
HAVE A GREAT
SUMMER

31