

MARCH 2025

Jr./Sr. High - Bulldogs Cafe

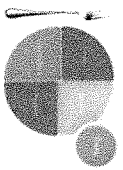
LUNCH



School Information: Menus are subject to change due to availability and weather. The USDA is an equal opportunity provider and employer! All meals include milk and a variety of fresh fruit and vegetables daily.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines. References: Academy of Nutrition & Dietetics, USDA MyPlate



MONDAY

Salisbury Steak  
Mashed Potatoes  
Peas  
Applesauce  
Roll

3

TUESDAY

Chicken & Rice  
Refried Beans  
Tostitos with Salsa  
Fresh Broccoli  
Peaches  
Mardi Gras Festival

4

WEDNESDAY

Popcorn Chicken  
Macaroni & Cheese  
Carrot Sticks  
Pineapple

5

THURSDAY

Ham and Cheese on Bun  
Green Beans  
Chips  
Grapes  
National Cereal Day

6

FRIDAY

French Bread Pizza  
Salad  
Corn  
Mixed Fruit

7

Chicken Alfredo  
Breadsticks  
Salad  
Carrot Sticks  
Apple Slices

10

Taco Meat  
Cheese, tomatoes, onion, lettuce & salsa  
Refried Beans  
Tortilla or Tostitos  
Mandarin Oranges

11

Hot Dog on Bun  
Chili & Cheese  
Baked Beans  
Apple Slices  
Chips  
National Cereal Day

12

Chicken & Cheese  
Crispito  
Green Beans  
Steamed Broccoli  
Mixed Fruit

13

French Bread Pizza  
Salad  
Corn  
Orange Wedges

14

St. Patrick's Day

17

# SPRING BREAK

18

19

20

21

Hamburger on Bun  
Cheese Slice, Pickles, tomato, lettuce  
Tater Wedges  
Steamed Broccoli  
Mixed Fruit

24

Taco Meat  
Cheese, tomatoes, onion, lettuce & salsa  
Refried Beans  
Tortilla or Tostitos  
Mandarin Oranges

25

Popcorn Chicken  
Macaroni & Cheese  
Carrot Sticks  
Pineapple

26

Baked Potato Bar  
Cheese, Chili, Bacon Bits, Sour Cream, Butter  
Fressh Pepper Slices  
Mixed Fruit

27

French Bread Pizza  
Salad  
Corn  
Pineapple

28

Cheese or Pepperoni  
Bosco Sticks  
Salad  
Fresh Broccoli w/ ranch  
Grapes

31

All lunches have a choice of an uncrustable and cheese stick or a salad with diced chicken



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### BREAKFAST



**School Information:** Menus are subject to change due to availability and weather. The USDA is an equal opportunity provider and employer!



**National School Breakfast Week is March 3 - 7.**  
All students can choose to have cereal instead of the main course.  
All meals include milk.



#### MONDAY

Biscuits & Gravy  
Sausage Patty  
Mixed Fruit

3

#### TUESDAY

Pop Tart & Cereal  
Applesauce  
Juice

4

#### WEDNESDAY

French Toast and Sausage  
Tornado  
Sliced Peaches

5

#### THURSDAY

Breakfast Pizza  
Apple Slices

6

#### FRIDAY

WG Muffin  
Yogurt  
Pineapple  
Juice

7

#### Mardi Gras Festival

French Toast Sticks w/  
Syrup Cup  
Sausage Patty  
Applesauce

10

Muffin & Cereal  
Orange Wedges  
Juice

11

Banana, Chocolate or  
Zucchini Bread  
Yogurt  
Mixed Fruit

12

Breakfast Pizza  
Blueberries

13

Biscuits & Gravy  
Sausage Patty  
Sliced Peaches  
Juice

14

#### St. Patrick's Day

17

# ---SPRING BREAK---

20

21

Biscuits & Gravy  
Sausage Patty  
Pineapple

24

Pop Tart & Cereal  
Mixed Fruit  
Juice

25

Pancakes  
Yogurt  
Applesauce

26

Breakfast Pizza  
Mandarin Oranges

27

French Toast and Sausage  
Tornado  
Sliced Peaches  
Juice

28

Biscuits & Gravy  
Sausage Patty  
Apple Slices

31

