

change due to availability and weather. School Information: Menus are subject to The USDA is an equal opportunity provider and employer! All meals include milk.



you've never tried before, like mango, lentils, quinoa, kale, or sardines one new food each week. Keep it interesting by picking out new foods March is National Nutrition Month! To celebrate, try eating at least



References: Academy of Nutrition & Dietetics, USDA MyPlate



Applesauce **Mashed Potatoes** Salisbury Steak

Baked Beans Diced Peaches Mini Corn Dogs Fresh Broccoli

> Macaroni & Cheese Carrot Sticks Popcorn Chicken

Pineapple

Chips Ham and Cheese on Green Beans

Cheese Pizza Salad

Mixed Fruit Corn

Salad Cheese Pizza

Mardi Gras Festival

Shredded Cheese Mandarin Oranges Tostitos and Salsa Refried Beans Taco Meat

Carrot Sticks

Apple Slices

Breadsticks

Chicken Alfredo

ā

Baked Beans Apple Slices Hot Dog on Bun

National Cereal Day

Green Beans Mixed Fruit Steamed Broccoli Ravioli

National Cereal Day

Grapes

Orange Wedges Corn

St. Patrick's Day



--SPRING BREAK--

Cheese Slice Hamburger on Bun

Steamed Broccoli Tater Wedges Mixed Fruit

> Shredded Cheese Taco Meat

Mandarin Oranges Tostitos and Salsa Refried Beans

Pineapple

Macaroni & Cheese Popcorn Chicken Carrot Sticks

Chips **Baked Beans** Corn Dogs Applesauce

Salad Pineapple Cheese Pizza Com m

Fresh Broccoli w/ ranch Cheese Bosco Sticks



uncrustable and cheese choice of an All lunches have a





change due to availability and weather. The School Information: Menus are subject to USDA is an equal opportunity provider and employer!



All students can choose to have cereal instead of the main course. All meals include milk. National School Breakfast Week is March 3 - 7.



をしょしたべ

Mixed Fruit Sausage Patty Biscuits & Gravy



Applesauce Grab N Go Cereal



THESHY



Sliced Peaches Tornado French Toast and Sausage





Apple Slices





Breakfast Pizza



Juice Pineapple WG Muffin Yogurt

National Cereal Day

Breakfast Pizza Blueberries

Sausage Patty Syrup Cup

Applesauce

French Toast Sticks w/

Orange Wedges Grab N Go Cerea

Mixed Fruit Yogurt Zuchini Bread Banana, Chocolate or **Mardi Gras Festival**



Juice Sliced Peaches Sausage Patty Biscuits & Gravy

Grab N Go Cereal

St. Patrick's Day

I







Mandarin Oranges Breakfast Pizza



French Toast and Sausage Sliced Peaches Tornado



Pineapple Sausage Patty Biscuits & Gravy

Mixed Fruit

Yogurt Applesauce

Pancakes



