

FEBRUARY 2025



School Information: All Menus are subject to change. The USDA is an equal opportunity provider and employer.

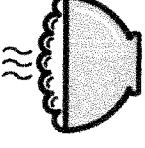
February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate



	<p>1 Corn Dogs, Chips, Baked Beans, Fruit & Milk</p> <p>2 Chicken Quesadilla, Salsa, Ranch Pasta Salad, Fresh Veggies, Fruit & Milk</p> <p>3 Chicken Noodle Soup, Grilled Cheese, Fruit & Milk</p> <p>4 Chicken Alfredo, Salad, Bread Sticks, Fruit & Milk</p> <p>5 Popcorn Chicken, Macaroni & Cheese, Fresh Veggies, Fruit & Milk</p> <p>6 Hamburger on Bun, Cheese, Tater Wedges, Fresh Veggies, Fruit & Milk</p> <p>7 French Bread Pizza, Salad, Corn, Fruit & Milk</p>	<p>8 Chicken Crispitos, Chips, Fresh Veggies, Fruit & Milk</p> <p>9 Taco Meat, Refried Beans, Lettuce, Tomato, Cheese, Fritos, Fruit & Milk</p> <p>10 Bosco Sticks, Salad, Fresh Veggies, Fruit & Milk</p> <p>11 Chicken & Rice, Refried Beans, Tostitos, Fruit & Milk</p> <p>12 Happy Valentine's Day</p>	<p>13 Baked Potato, Chili, Cheese, Fresh Veggies, Fruit & Milk</p> <p>14 Hot Dogs, Chili, Chips, Baked Beans, Fruit & Milk</p> <p>15 Presidents' Day</p> <p>16 French Bread Pizza, Salad, Corn, Fruit & Milk</p>	<p>17 Grilled Chicken On Bun, Tomato, Cheese, Italian Pasta Salad, Fruit & Milk</p> <p>18 Chicken Quesadilla, Tostitos, Salsa, Fresh Veggies, Fruit & Milk</p> <p>19 Chicken Wraps with Cheese, Tater Wedges, Fruit & Milk</p> <p>20 French Bread Pizza, Salad, Corn, Fruit & Milk</p>

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 **February is National Hot Breakfast Month.** A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



MONDAY

WEDNESDAY

TUESDAY

FRIDAY



Biscuits & Gravy
Sausage, Fruit &
Milk

Cereal, Apple
Cinnamon Toast,
Fruit, Juice & Milk

3

6
Breakfast Pizza,
Fruit & Milk

11

Biscuits & Gravy
Sausage, Fruit &
Milk

16

Cereal, Pop Tart,
Fruit, Juice & Milk

18

1
Sausage, Egg and
Cheese Biscuit, Fruit
& Milk

23

Biscuits & Gravy
Sausage, Fruit &
Milk

28

21
Banana Bread, Fruit,
Juice & Milk

26

Chicken & Biscuit,
Cheese, Fruit & Milk

13

24
Breakfast Pizza, Fruit
& Milk

25

Cereal, Apple
Cinnamon Toast,
Fruit, Juice & Milk

17

18
Egg & Cheese
Omelet, Sausage,
Fruit & Milk

20

Biscuits & Gravy
Sausage, Fruit &
Milk

21

27
Breakfast BurritoP
Fruit & Milk

28

Tornados, Muffin,
Fruit & Milk

29

28
Egg & Cheese
Omelet, Sausage,
Fruit & Milk

Happy Valentine's Day