



School Information: ALL MENUES ARE SUBJECT TO CHANGE. THE USDA IS AN EQUAL OPPORTUNITY AND EMPLOYER.



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

1
April Fool's Day
CHICKEN PATTY ON BUN, POTATO WEDGES, VEGGIES, FRUIT, AND MILK

8
Chicken Nuggets, Mac and Cheese, Veggies, Fruit and Milk

15
Chicken Alfredo, Cooked Broccoli, Bread Sticks, Fruit and Milk

22
Corn Dog, Baked Beans, Veggies, Fruit and Milk

29
Chicken On the Beach With Veggies, Fruit and Milk

TUESDAY

2
Soft Tacos, Lettuce, Cheese, Tomatoes, Salsa, Rice, Fruit and Milk

9
Hot Ham and Cheese on Bun, Corn, Veggies, Fruit and Milk

16
Tacos with Chips, Lettuce, Cheese, Tomatoes, Salsa, Refried Beans, Veggies, Fruit and Milk

23
Spaghetti with Meat Sauce, Garlic Bread, Juice, and Milk

30
Soft Tacos, with Lettuce, Cheese, Tomatoes, Salsa, Rice, Veggies, Fruit and Milk

WEDNESDAY

3
Corn Dog, Baked beans, Veggies, Fruit and Milk

10
Hot dog on Bun, Baked Beans, Chips, Fresh Veggies, Fruit and Milk

17
Brunch for Lunch, Biscuit and Gravy, Sausage, Hashbrown, Fruit and Milk

24
Hot Ham and Cheese on bun, Scalloped Potatoes, Corn, Veggies, Fruit and Milk

THURSDAY

4
Hamburger On Bun, Chips, Fresh Veggies, Fruit and Milk

11
Tenderloin on Bun, Tots, Fresh Veggies, Fruit and Milk

18
Chicken nuggets, Baked Potatoes, Green Beans, Fruit, Veggies, and Milk

25
Chicken Strips, Fries, Fresh Veggies, Cooked Carrots, fruit and Milk

FRIDAY

5
Pizza, Salad, Fresh Veggies, Fruit and Milk

12
Bosco Sticks, Fresh Veggies, Salad, Fruit and Milk

19
Pizza, Salad, Fruit, Veggies and Milk

26
Bosco Sticks, Salad, Fruit, Veggies, and Milk



APRIL 2024

Cannelton City Schools

BREAKFAST

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Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April Fool's Day
Grab and Go Cereal,
Fruit and Milk

1

Pancakes, Syrup, Fruit,
Milk

2

Grab and Go Cereal,
Fruit, and Milk

8

French Toast Sticks,
Syrup, Fruit and Milk

9

Grab and Go Cereal. Fruit
and Milk

15

Pancakes, Syrup, Fruit
and Milk

16

Grab and Go Cereal,
Fruit and Milk

22

French Toast Sticks,
Syrup, Fruit and Milk

23

Grab And Go Cereal, Fruit
and Milk

29

Pancakes, Syrup, Fruit
and Milk

30

Breakfast Pizza, Fruit,
and Milk

4

Banana Bread, Fruit,
Juice and Milk

5

Breakfast Pizza, Fruit
and Milk

11

Muffins, Fruit, Juice,
and Milk

12

Breakfast Pizza, Fruit
and Milk

18

Banana Bread, Fruit,
Juice, and Milk

19

Breakfast Pizza, Fruit,
and Milk

25

Muffins, Fruit, Juice,
and Milk

26

