

# MARCH 2024

## CANNELTON CITY SCHOOLS

### BREAKFAST



**School Information: ALL MENUS ARE SUBJECT TO CHANGE. THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**



**National School Breakfast Week is March 7 - 11.** Check with your school nutrition team to see how you can celebrate National School Breakfast Week at your school this year!

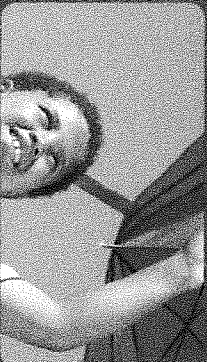
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



GRAB AND GO CEREAL, FRUIT, MILK **4**

PANCAKES, SYRUP, FRUIT, MILK **5**

SAUSAGE BISCUIT, FRUIT, MILK **6**

BREAKFAST PIZZA, FRUIT, MILK **7**

BANANA BREAD, JUICE, FRUIT, MILK **8**

GRAB AND GO CEREAL, FRUIT, MILK **11**

FRENCH TOAST STICKS, FRUIT, SYRUP, MILK **12**

BISCUIT AND GRAVY, FRUIT, MILK **13**

BREAKFAST PIZZA, FRUIT, MILK **14**

MUFFINS, FRUIT, JUICE, MILK **15**

SPRING BREAK **18**

SPRING BREAK **19**

SPRING BREAK **20**

SPRING BREAK **21**

SPRING BREAK **22**

GRAB AND GO CEREAL, FRUIT, MILK **25**

FRENCH TOAST STICKS, SYRUP, FRUIT, MILK **26**

BISCUIT AND GRAVY, FRUIT, MILK **27**

BREAKFAST PIZZA, FRUIT, MILK **28**

MUFFINS, FRUIT, JUICE, MILK **29**

# MARCH 2024

## CANNELTON CITY SCHOOLS

### LUNCH



**School Information:** ALL MENUS ARE SUBJECT TO CHANGE. THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**CORNDOG,  
BAKEBEANS, COOKED  
CARROTS, VEGGIES,  
FRUIT AND MILK**

4

**CHICKEN ALFREDO,  
CORN, BREAD STICKS,  
VEGGIES, FRUIT AND  
MILK**

5

**CHICKEN NUGGETS,  
BAKED POTATOES,  
BUTTERED BROCCOLI,  
VEGGIES, FRUIT AND  
MILK**

6

**BRUNCH FOR LUNCH,  
BISCUIT AND GRAVY,  
SAUSAGE,  
HASHBROWN, FRUIT  
AND MILK**

7

**PIZZA, SALAD,  
VEGGIES,FRUIT AND  
MILK**

8

**CHICKEN PATTY ON  
BUN, COOKED  
CARROTS, VEGGIES  
FRUIT AND MILK**

11

**SALSBURY STEAK,  
ROLL, GRAVY, MASH  
POTATOES, GREEN  
BEANS, FRUIT, MILK**

12

**HOT DOG ON BUN,  
BAKED BEANS, BAKED  
CHIPS, FRESH VEGGIES,  
FRUIT AND MILK**

13

**TENDERLOIN  
SANDWICH, COOKED  
BROCCOLI, FRUIT AND  
MILK**

14

**FISH NUGGETS, MAC  
AND CHEESE, FRESH  
VEGGIES, FRUIT AND  
MILK AND BREAD**

15

**SPRING BREAK**

18

**SPRING BREAK**

19

**SPRING BREAK**

20

**SPRING BREAK**

21

**SPRING BREAK**

22

**CORN DOG, BAKED  
BEANS, VEGGIES, FRUIT,  
MILK**

25

**COUNTRY FRIED  
STEAK, GRAVY, MASH  
POTATOES, ROLL,  
FRUIT, VEGGIES, MILK**

26

**BQ CHICKEN ON BUN,  
BAKED CHIPS,  
BUTTERED BROCCOLI,  
FRUIT, MILK**

27

**CHICKEN STRIPS, TOTS,  
FRESH VEGGIES,  
GREENBEANS, FRUIT,  
MILK**

28

**BOSCO STICKS, FRESH  
VEGGIES, SALAD, FRUIT  
AND MILK**

29