



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MYERS-LIL PUPS CAFE LUNCH

MONDAY

Lasagna
Salad
Broccoli & Snap Peas
Breadstick

02

TUESDAY

Nuggets
Green Beans
Carrot Sticks

03

WEDNESDAY

Hamburger on Bun
Cheese
Potato Wedges
Carrots

04

THURSDAY

Honey Garlic Chicken
Stir Fry & Fried Rice
Broccoli & Corn
Breadstick

05

FRIDAY

BBQ Chicken Sandwich
on Bun
Baked Beans
Carrot Sticks

06

Salisbury Steak
Mashed Potatoes &
Green Beans
Roll

09

Chicken Nachos
Salsa
Carrot Sticks
Queso & Tostitos

10

Hot Dog on Bun
Baked Beans
Carrot Sticks

11

Chicken Lo Mein
Egg Roll
Broccoli
Salad

12

Meatball Sub
Broccoli Salad
Carrots

13

3 Chees Baked
Spaghetti
Salad
Carrot Sticks
Breadstick

16

Chicken Fajita
Salsa, Corn, Queso
Cinnamon Nachos
Fruit & Milk

17

Chicken Tenders
Green Beans
Carrot Sticks

18

Teriyaki Rice Bowl
Orange Glazed Carrots
Tater Wedges

19

Ham & Cheese Sandwich
Peas & Carrots
Baked Beans

20

Turkey & Gravy
Mashed Potatoes
Green Beans, Stuffing,
Roll

23

Taco Meat
Cheese
Refried Beans
Salsa, Tostitos

24

NO SCHOOL HAPPY THANKSGIVING

25

26

27

Lasagna
Salad
Broccoli & Snap Peas
Breadstick

30

Choice of
PB&J Daily
Fruit & Milk
Served with All
Meals



School Information:
USDA IS AN EQUAL OPPORTUNITY PROVIDER. EMPLOYER AND LENDER.
Menu subject to change.

NOVEMBER 2026