



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



BREAKFAST

WBELC-Alice's Cafe

MONDAY

WG Donut
Yogurt
Fruit
Juice & Milk

02

Goody Bun
Yogurt
Fruit
Juice and Milk

09

WG Muffin
Yogurt
Fruit
Juice
Milk

16

WG Donut
Yogurt
Fruit
Juice & Milk

23

Goody Bun
Yogurt
Fruit
Juice and Milk

30

TUESDAY

Sausage & Biscuit
Fruit
Juice
Milk

03

Chicken & Biscuit
Fruit
Juice & Milk

10

Biscuit & Gravy
Sausage
Fruit
Juice
Milk

17

Sausage & Biscuit
Fruit
Juice
Milk

24

Choice of Cereal
Daily

WEDNESDAY

Mini Pancakes w/ Syrup Cup
Fruit
Juice & Milk

04

Mini Cinni
Yogurt
Fruit & Milk

11

French Toast Sticks w/
Syrup Cup
Fruit
Juice
Milk

18

NO SCHOOL HAPPY THANKSGIVING

25

THURSDAY

Breakfast Burrito
Fruit
Juice
Milk

05

Chicken & Biscuit
Fruit
Juice & Milk

12

Cherry Frudel
Fruit
Juice
Milk

19

FRIDAY

Egg & Cheese Omelet
Toast
Fruit
Juice & Milk

06

Cheesy Breakfast Bake
Fruit
Juice
Milk

13

Scrambled Eggs
Bacon
Toast
Fruit
Juice & Milk

20

27



School Information:

USDA IS AN EQUAL OPPORTUNITY PROVIDER. EMPLOYER AND LENDER
Menu subject to change.

NOVEMBER 2026

