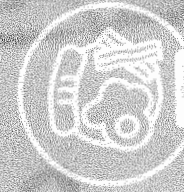




**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.  
Reference: USDA MyPlate



# BREAKFAST

## MONDAY

Milk & Juice Served Daily  
Cereal Choice Daily

Donuts  
Yogurt  
Fruit

04

WG Muffin  
Yogurt  
Fruit

11

Manager's Choice

18

Memorial Day

25

## TUESDAY



**Cinco de Mayo**  
Biscuit & Gravy  
Sausage  
Fruit

05

Sausage & Biscuit  
Fruit

12

Manager's Choice

19



26

## WEDNESDAY



French Toast Sticks  
Fruit

06

Honey Bun  
Yogurt  
Fruit

13

Manager's Choice

20



27

## THURSDAY



Breakfast Pizza  
Fruit

07

Breakfast Pizza  
Fruit

14



21



28

## FRIDAY



WG Muffin  
Yogurt  
Fruit

03

Mini Pancakes  
Fruit

09

Biscuit & Gravy  
Sausage  
Fruit

16



23



30



**School Information:**  
The USDA is an equal opportunity provider and employer.  
Menu Subject to Change

Jr/Sr: Bulldogs Cafe **MAY 2026**