



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.
Reference: USDA MyPlate

BREAKFAST

MONDAY

Milk & Juice Served Daily
Cereal Choice Daily

Donuts
Yogurt
Fruit

04

WG Muffin
Yogurt
Fruit

11

Manager's Choice

18

Memorial Day

25

TUESDAY



Cinco de Mayo
Biscuit & Gravy
Sausage
Fruit

05

Sausage & Biscuit
Fruit

12

Manager's Choice

19



26

WEDNESDAY



French Toast Sticks
Fruit

06

Honey Bun
Yogurt
Fruit

13

Manager's Choice

20



27

THURSDAY



Breakfast Pizza
Fruit

07

Breakfast Pizza
Fruit

14



21



28

FRIDAY

WG Muffin
Yogurt
Fruit

03

Mini Pancakes
Fruit

10

Biscuit & Gravy
Sausage
Fruit

17



24



31



School Information:
The USDA is an equal opportunity provider and employer.
Menu Subject to Change

Myer's: Lil Pup's Cafe **MAY 2026**