



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



BREAKFAST

MONDAY



Donuts
Yogurt
Fruit

Banana Bread
Yogurt
Fruit

WG Muffin
Yogurt
Fruit

Mini Cinnis
Fruit

TUESDAY



French Toast Sticks
Sausage
Fruit

Biscuit & Gravy
Sausage
Fruit

Pancake/Sausage Corndog
Fruit
Juice

Chicken & Biscuit
Fruit

WEDNESDAY

April Fools' Day
Biscuit & Gravy
Sausage
Fruit

Pancake/Sausage Corndog
Fruit

Mini Pancakes
Fruit

Egg & Cheese Omelet
Sausage
Biscuit
Fruit

Sausage & Biscuit
Fruit

THURSDAY

Breakfast Pizza
Fruit

Chicken & Biscuit
Fruit

Breakfast Pizza
Fruit

Biscuit & Gravy
Sausage
Fruit

Breakfast Pizza
Fruit

FRIDAY

WG Muffin
Yogurt
Fruit

Scrambled Eggs
Bacon
Toast
Fruit

Sausage & Biscuit
Fruit

Scrambled Eggs
Bacon
Toast
Fruit

**All Breakfast meals are served with milk and juice!
Cereal option daily!**



School Information:
The USDA is an equal opportunity provider and employer.
Menu Subject to Change

JR/SR High-Bulldog's Cafe **APRIL 2026**